

# Assessment of Psychosocial Aspects of Immigrants in AL-Najaf Refugee camp.

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## **Abstract:**

Most of immigrants suffer from severe type of psychological disturbance like depression and anxiety for their exposure to markedly stressful life events.

The present study descriptive analytic study was carried out from April 2<sup>nd</sup>, 2008 through October 2<sup>nd</sup>, 2008.

**Objectives:** To assess the psychosocial aspects of immigrants in AL-Najaf refugee camp.

**Methodology:** A non-probability accidental (purposive) sample of 100 immigrants who were living at AL-Najaf refugee camp when they moved from their original cities in 2006 because of the security situation in Iraq were studied.

A questionnaire was constructed to achieve the study objectives ,which consisted of three major parts with (40) items .These parts were the demographic characteristics, psychological aspects (depression and anxiety)and social aspects of these immigrants .

Data were analyzed through the application of a descriptive statistical analysis which includes percentage, frequencies and inferential statistical analysis; parson correlation coefficient and Chi-Square.

**Results:** The findings of the study indicated that there was a severe psychological distress and poor social aspects among immigrants, and there was a significant relationship between the psychological aspects and social aspects, depression and anxiety. There is a significant relationship between the psychological aspects with age, occupation and family member.

**Recommendations:** The researcher recommend that early attention to the immigrants with psychological problems especially to those forced or exposed to many stressors during immigration.

.Key words: psychosocial, immigrants, AL-Najaf, refugee camp

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